

Abbreviated health declaration

for life insurance purposes

1 General information

Name of the insured _____ Date of birth _____

Gender Male Female

General practitioner _____ Address practitioner _____

2 Personal information

Wat is your height? _____ cm

Do you smoke? No Yes

Wat is your weight? _____ kg

Since when and how many cigarettes per day?
Since _____, _____ cig. per day

Do you use drugs or have you used drugs? No Yes

Do you drink alcohol? No Yes, ___ glasses per day

3 Your state of health

Do you suffer or have you suffered from one or more of the following conditions, diseases and/or disabilities (this also includes complaints)?

- | | |
|--|--|
| A. diseases of the brain or nerves, such as stroke, seizures, muscle diseases? | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| B. disorders or complaints of a psychological nature? | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| C. increased blood pressure, tightness or pain in the chest, palpitations, diseases of the heart or blood vessels? | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| D. increased cholesterol, diabetes? | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| E. diseases of the lungs or respiratory tract? | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| F. disorders of esophagus, stomach, intestines, liver, gallbladder, pancreas? | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| G. disorders of kidneys, bladder, urinary tract, genital organs? | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| H. malignancies, tumors? | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| I. blood disease, thrombosis, embolism, metabolic diseases? | <input type="checkbox"/> No <input type="checkbox"/> Yes |
| J. diseases, conditions and/or defects (this also includes complaints) that cannot be placed under the above categories? | <input type="checkbox"/> No <input type="checkbox"/> Yes |

NB!

You must also check "Yes" if you:

- *has consulted a general practitioner, care provider or doctor;*
- *have been admitted to a hospital, sanatorium, psychiatric institution or other nursing facility;*
- *have had surgery;*
- *still taking medication or have taken medication;*
- *is still under control.*

Have you checked "Yes" one or more times above?

No Yes

If so, please also complete the attachment.

4 Blood tests

Has your blood ever been tested for anemia, for example? No Yes

If so, what was your blood tested for?

Blood disease, diabetes, kidney disease, fat content (for example cholesterol) or jaundice (hepatitis)?

With what result? Good Deviant

Explanation: _____

4 AIDS/ HIV

Do you have AIDS? No Yes

Have HIV antibodies been detected in your blood (are you seropositive)? No Yes

Have you used intravenous drugs in the past 5 years? No Yes

If so, have you always used sterile equipment (needles and syringes)? No Yes

Are you currently, or have you been treated in the past 5 years, for a sexually transmitted disease?

No Yes

If so, which condition? _____

The answers you provide may give rise to a request for further information.

The undersigned declares that the answers to the above questions and any attached attachment(s) have been given by him/her and have been stated truthfully and completely, that he/she is aware that an inaccuracy or incompleteness in this health declaration may lead to forfeiture of the rights under the agreement and that he/she has no objection to the use of medical data for the acceptance of the insurance(s) applied for with the associated application form.

Place: _____ **Date:** _____ **Signature:** _____

Appendix to question 3 of the abbreviated health declaration

Complete this appendix for each category that you answered “Yes” to question 3.
Do you have more than one condition? Then request an extra attachment.

Name of the insured _____ Date of birth _____

Letter of the category you answered “Yes” to question 3: _____

Which condition, disease, defect or complaint included are you suffering or have suffered? _____

In what period(s) did you have or had this condition, illness or disability? or complaint included? _____ to _____

General practitioner

Have you consulted a doctor for this in the last 3 years? No Yes When did you visit your GP? _____
Are you still under control? No Yes

Doctor or care provider

Have you consulted one of the following doctors or care providers for this: *medical specialist, physiotherapist, manual therapist, clinic employee, psychologist, psychotherapist, practitioner of alternative medicine such as homeopathy, acupuncture?* No Yes Which doctor or care provider did you visit (name and specialty) _____
When did you visit this doctor or care provider? _____
Are you still under control? No Yes
Do you still have complaints? No Yes

Medicines

Has one of your doctors prescribed medication For this? No Yes What medications have been prescribed? _____
Are you still using this? Yes In what dosage? _____
 No Since when did you stop? _____

Hospital admission


Have you been admitted to a hospital, sanatorium, psychiatric institution or other Nursing facility for this? No Yes When were you admitted? _____
In which hospital? _____
Which doctor treated you? (name and specialty)? _____

Have you had surgery? No Yes When did you have surgery? _____
In which hospital? _____
Which doctor treated you? (name and specialty)? _____

Lasting consequences after an accident

Is this condition, disease or defect, as well as complaint the result of an accident that has left you with permanent physical or psychological consequences ?

No

Yes  When did this accident happen? _____

What are the medical consequences? _____

